



THE WIMBLEDON HOCKEY CLUB

ACCIDENT GUIDANCE

NON Emergency Procedure:

- Stay calm but act swiftly and observe the situation. Is there danger of further injuries?
- Listen to what the injured person is saying.
- Alert the First Aider who should take appropriate action for minor injuries.
- Deal with the rest of the group and ensure that they are adequately supervised.
- Complete an **Accident Report Form** & return it to Jenny Walker on jenny@twchockey.co.uk

EMERGENCY Procedure:

- In the event of an injury needing specialist treatment, call the emergency services (“999”) Give them the Club/venue details.
- Do not move nor leave alone someone with major injuries. Wait for the emergency medics.

First Aider:

- Check airway and remove mouthguard
- Check for signs of bleeding and attend.
- Keep the person warm and provide verbal assurance.
- Check regularly for signs of shock.
- Contact the injured person’s parent / guardian via your membership contact list.

Head injuries:

- Remove the player from the field of play as soon as it is medically safe to do so and seek qualified medical attention immediately.
- In a tournament ensure that proper medical treatment / advice has been sought before allowing the player to participate further.
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