



# THE WIMBLEDON HOCKEY CLUB

## HEALTH AND SAFETY POLICY STATEMENT

**The Wimbledon Hockey Club** is strongly committed to encouraging our members to take part, but the health, well-being and safety of each individual is always our paramount concern. We recommend levels of training dependent on age and ability, and expect our junior athletes to participate within these boundaries.”

## HEALTH AND SAFETY POLICY

To support our Health and Safety policy statement we are committed to the following duties:

- Undertake regular, recorded risk assessment of the club premises and all activities undertaken by the club.
- Create a safe environment by putting health and safety measures in place as identified by the assessment.
- Ensure that all members are given the appropriate level of training and competition by regularly assessing individual ability dependant on age, maturity and development.
- Ensure that all members are aware of, understand and follow the club’s health and safety policy.
- Appoint a competent club member to assist with health and safety responsibilities.
- Ensure that normal operating procedures and emergency operating procedures are in place and known by all members.
- Provide access to adequate first aid facilities, telephone and qualified first aider at all times.
- Report any injuries or accidents sustained during any club activity or whilst on the club premises.
- Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness.
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## AS A CLUB MEMBER YOU HAVE A DUTY TO

- Take reasonable care for your own health and safety and that of others who may be affected by what you do or not do.
- Ensure all players have the required protection at training and in matches which are shin pads and a mouth guard.
- PC masks are to be worn in all defensive penalty corners – these are to be provided by the players.
- Co-operate with the club on health and safety issues.
- Correctly use all equipment provided by the club.
- Not interfere with or misuse anything provided for your health, safety or welfare.

#### CLUB HEALTH AND SAFETY OFFICER:

Jenny Walker  
jenny@TWCHockey.co.uk  
07811109139

#### FIRST AID

Location of first aid facilities:

- Raynes Park High: All first aid kits can be found in the grey storage container
- Kings College: All first aid kits can be found in the cupboard under the stairs or the green Asguard shed on the pitch
- Ricards Lodge: All first aid kits can be found in the green Asguard shed on the pitch

Location of telephones:

We expect all coaches to carry mobile phones on them – in the event they do not have a phones, access to a landline can be found here

- Raynes Park High: In the Office next to the 6<sup>th</sup> Form block near the changing rooms
- Kings College: Contact the on-site care take in the house at the vehicular gate
- Ricards Lodge: Contact the on-site caretaker in the house at the vehicular gate

#### QUALIFIED FIRST AIDERS

1. Harriet Naismith
2. Amy Liu
3. Tom McCarthy