



THE WIMBLEDON HOCKEY CLUB

COVID POLCY

Please do not attend the any hockey training sessions, matches or visit the Clubhouse if:

1. You are experiencing any Covid symptoms which will include:
 - A new, continuous cough
 - A high temperature
 - A loss of sense of taste or smell
 - A sore throat
2. You have tested positive for Covid on a lateral-flow or PCR test
3. You have been told to isolate by NHS Track and Trace

In the event of any of these symptoms occurring within 48 hours of participation of any hockey activity, please contact the Covid Officer: Jenny Walker on jenny@twchockey.co.uk

We recommend all members carry out twice weekly lateral flow testing.

Tests can be obtained from the NHS - https://www.nhs.uk/conditions/coronavirus-covid-19/testing/?wt.mc_id=coronavirus_asymptomatic_testing&wt.tsrc=paid_search&gclid=CjwKCAiAs92MBhAXEiwAXTi255RNI4uUttJP66cVB5LAK0HDHsxAqDYt7DpF1tIw131ZCwRPxMFu4BoCm YQAvD BwE

Please refer to the NHS website if you are unsure of when to isolate:

<https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/when-to-self-isolate-and-what-to-do/>

Updated on 19th November 2021